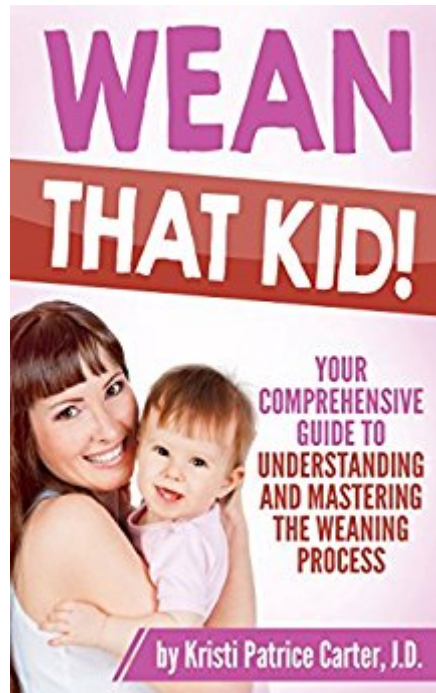


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# Wean That Kid: Your Comprehensive Guide To Understanding And Mastering The Weaning Process



## Synopsis

Created for loving mothers, like you, this helpful guide provides you with the tools you need to create a weaning plan that fits your child's unique temperament, distinct personality, and special needs. Through her unbiased support and non-judgmental approach, writer and mother Kristi Patrice Carter helps lessen the stress and pressure often associated with weaning. *Wean That Kid* gives you inside information about various weaning processes, and provides you with proven tips and easy-to-follow advice. Based on Carter's personal experience weaning her three children, as well as interviews with experts and proven research, this book details various weaning methods and techniques to help you create weaning plan personalized to you and your child's needs. It also gives you access to 101 weaning activities you can do with your child, as well as your very own weaning tracker, personal journal, affirmations, and more! If you're tired of reading books that push extended nursing and attempt to discourage you from weaning, aren't sure which weaning method is right for your child, or just need some extra, unbiased support, then *Wean That Kid* is for you.

## Book Information

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## Customer Reviews

Weaning your child is not a cookie cutter process and this is exactly what Carter expresses in her book, *Wean That Kid*. Carter unravels the tangled web of weaning your little bundle of joy. As a mother that breastfed her son for 18 months, I could totally relate. Motherhood can leave you a frazzled mess and this very comprehensive guide to weaning your little one provides (for both you and your child) natural ways in which to harmoniously and synergetically help your child graduate to the next stage of their life. The author uses not only her own real life experiences and expertise, but she also lends the advice from other mothers like myself. I only wish I had a guide like this when my child reached this milestone. Carter does not try to sway or convince mothers of one method of weaning, but provides a myriad of avenues in which a mother can take on this part of her motherhood journey. In the beginning of the book, there is a "Fact or Fiction" section that was filled with all sorts of information pertaining to breastfeeding that I never even knew about and it was pretty entertaining too. I really liked that the book also afforded the reader with many follow-up resources such as support groups, weaning diary, and affirmations that inspire overwhelmed mothers to keep up the good work. Carter's writing style flows making this an easy read and I love the "mommy humor". I found this book to be motivational, informative, inspiring, and enlightening and I highly recommend this book to not only new moms, but experienced moms as well. Two thumbs up!\*\*\*This book was gifted in exchange for my honest and unbiased review

This straightforward book dispels the mystery and perceived misery behind weaning. My son and I have started the mother led weaning strategies and have not looked back. It hasn't been easy but we're making progress. When I get discouraged and yes I do, the stories by other moms pick me right back up. I recommend this book for all moms who are sick and tired of other weaning books that make you feel like a bad mom for wanting to wean your kid before they turned 4 or older!

This was an excellent, practical and short guide to weaning. I really appreciated that the author emphasized that every child and situation is different, and definitely did not try to guilt trip mothers. That being said, one or two of the stories that the author shared definitely had a bit of a judgmental tone. The author presents both child-led and mother-led weaning without bashing the reader over the head about which one is better - she states that mothers need to pick the one that works for them. She does point out that suddenly stopping breast-feeding can be painful and cause an infection. That being said, this book is specifically aimed at weaning toddlers, not babies. There seems to be a bit of an assumption that mothers are staying home with the child all day (i.e., nothing was really said about supplementing with formula, and surprisingly little about the idea of helping the

weaning process by having other people give the toddler a bottle, whether it is formula or expressed milk). The mother-led strategies can be useful for weaning infants as well, however. The book itself is fairly short, but the author provides a decent list of resources to look at for more help. It's definitely worth the read if you're facing this issue. I received a free copy of this book in exchange for an honest review.

Every kid is different and I think the author really took that into account when writing this book. She obviously did a lot of research and also pulled some advice from her own experiences, and the information is well organized and easy to read. In fact, while reading this book, it really felt like I was talking to a friend rather than reading a nonfiction book. A lot of myths with relation to weaning are dispelled in this book, and even more things (such as mother-led vs child led weaning) are explored and clarified. Definitely helpful for young mothers and would lessen the stress and difficulty of weaning!

Every child is different and that is just one of the very informative and well researched topics that are covered in this book. It is chocked full of very helpful and need to know facts about when and how to wean your child. This book should be given to all new mothers before leaving the hospital, I, for one, will be picking up a few more copies and passing them out to my friends. Thank you Ms. Carter, you did a wonderful job with this book.

This book is a wealth of practical information that all mothers who are breast feeding can use. The strategies on how to wean our babies and the testimonials from different mothers<sup>TM</sup> are priceless! While reading the book, I felt as if I was a part of a special club of mothers! And I<sup>TM</sup> not alone experiencing some of the changes I feel in my body as well as the emotional roller coaster I<sup>TM</sup> get on sometimes. I was able to share with a friend some of the strategies for weaning, and an explanation for what she is currently feeling because she has to go back to work and does not know how to deal with all the strange emotions and discomfort she feels of withdrawing from not nursing her son. I loved the humor encased in such a serious, sensitive matter that so many mothers (and fathers) are struggling with, especially first time parents who do not have the proper support system. I found this book to be a very informative and enlightening resource book that mothers and expecting mothers can enjoy! A great price too!!!!

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